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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| 8-1-2011 | 8-2-2011 | 8-3-2011 | 8-4-2011 | 8-5-2011 | 8-6-2011 | 8-7-2011 |
| | | | | | | |
| | | SECTIONAL SWIMMERS | CECTIONALC | SECTIONALS | CECTIONALC | CECTIONAL C |
| | | | SECTIONALS | | SECTIONALS | SECTIONALS |
| | | LEAVE FOR UPITT | IN PITTSBURGH | IN PITTSBURGH | IN PITTSBURGH | IN PITTSBURGH |
| | | 7:00 AM FROM | | | | |
| | | NA PARKING LOT | | | | |
| | | | | | | |
| SECTIONAL & ZONE | SECTIONAL & ZONE | | | | | |
| QUALIFIERS | QUALIFIERS | ZONE QUALIFIERS | ZONE PRACTICE | ZONE QUALIFIERS | ZONE PRACTICE | ZONE QUALIFIERS |
| | | | | | | |
| AT MBS | AT MBS | AT MBS | IN PRINCETON U | AT SPRINGFIELD | RUTGERS U | AT SPRINGFIELD |
| P: 4:00 PM-6:00 PM | P: 4:00 PM-6:00 PM | P: 4:00 PM-6:00 PM | 6:30 PM-8:30 PM | P: 7:00 AM-8:15 AM | 12:00 PM-2:00 PM | P: 7:00 AM-8:15 AM |
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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| 8-8-2011 | 8-9-2011 | 8-10-2011 | 8-11-2011 | 8-12-2011 | 8-13-2011 | 8-14-2011 |
| 0-0-2011 | 0-9-2011 | 8-10-2011 | 8-11-2011 | 8-12-2011 | 8-13-2011 | 8-14-2011 |
| | | | | | | |
| | | | | | | |
| ZONE QUALIFIERS | ZONE QUALIFIERS | ZONES AT PENN STATE | ZONES AT PENN STATE | ZONES AT PENN STATE | ZONES AT PENN STATE | ZONES AT PENN STATE |
| AT SPRINGFIELD | AT SPRINGFIELD | | | | | OPEN WATER |
| P: 7:00 AM-8:15 AM | P: 7:00 AM-8:15 AM | | | | | |
| 1. 7.00 AM-0.13 AM | 1. 7.00 AM-0.13 AM | | | | | |
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| | A TI OTTOR 4 | | E 60 6044 NTO G | CITEDIT ED DD | A COUNT COURSE | |
| | AUGUST 1 | 5 THRU AUGUST | 1 28, 2011 NO S | CHEDULED PR | ACTICE!!! | |
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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| 8-29-2011 | 8-30-2011 | 8-31-2011 | 9-1-2011 | 9-2-2011 | 9-3-2011 | 9-4-2011 |
| 0.25.2011 | 0.30 2011 | 0 31 2011 | 7-1-2011 | J-2-2011 | 7-3-2011 | 7-4-2011 |
| GENTODG | GENTOD DDEDG | GENTODG 8 | GENTODG 6 | | GENTODG 6 | |
| SENIORS | SENIOR PREPS | SENIORS & | SENIORS & | | SENIORS & | |
| AT MBS | AT MBS | SENIOR PREPS | SENIOR PREPS | | SENIOR PREPS | |
| MEETING & PRACTICE | MEETING & PRACTICE | AT MBS | AT MBS | | AT MBS | |
| M: 6:00 PM-7:00 PM | M: 6:00 PM-7:00 PM | D: 6:00 PM-7:00 PM | D: 6:00 PM-7:00 PM | | P: 7:30 AM-10:00 AM | |
| D: 7:00 PM-7:45 PM | D: 7:00 PM-7:45 PM | P: 7:00 PM-9:00 PM | P: 7:00 PM-9:00 PM | | D: 10:00 AM-11:00 AM | |
| | | 1.7.001141-5.001141 | 1.7.001141-9.001141 | | D. 10.00 AM-11.00 AM | |
| P: 7:45 PM-9:00 PM | P: 7:45 PM-9:00 PM | | | | | |
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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| 9-5-2011 | 9-6-2011 | 9-7-2011 | 9-8-2011 | 9-9-2011 | 9-10-2011 | 9-11-2011 |
| , c 2011 | 7 7 2011 | , . - 011 | , , , , , , , | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | , 10 2 011 | 7 11 2011 |
| LABORDAY | TRYOTITE | | | | | |
| LABOR DAY | TRYOUTS | | + | - | ļ | |
| ENJOY YOUR | AT NEWARK ACADEMY | | | | | |
| HOLIDAY!!! | 4:30 PM | | | | | |
| | | | | | | |
| | | WAVE BLACKS- | | WAVE BLACKS- | WAVE BLACKS- | WAVE BLACKS- |
| | 1 | AT NEWARK ACADEMY | | AT NA | AT NA | AT MBS |
| | 1 | P: 6:00 PM-7:15 PM | | P: 6:00 PM-7:30 PM | 11:00 AM-12:15 PM | P: 2:00 PM-3:30 PM |
| | + | F: 0:00 FWI-7:15 PWI | | F; 0:00 FM-/:30 FM | 11:00 AW1-12:15 FWI | |
| | | | | | | D: 3:30 PM-4:00 PM |
| | | WAVE GOLD | WAVE GOLD | | WAVE GOLD | |
| | | AT NEWARK ACADEMY | AT NA | | AT NA | WAVE GOLD |
| | 1 | D: 6:30PM-7:15 PM | D: 6:30 PM-6:45 PM | | P: 9:30 AM-11:00 AM | AT MBS |
| | | | | | | |
| | | P: 7:15 PM-8:30PM | P: 6:45 PM-8:30 PM | | D: 11:00 AM-11:30 AM | D: 3:00 PM-3:30 PM |
| | | | | | | 3:30 PM-5:00 PM |
| | | | | | | |
| | SENIORS & | SENIORS & | SENIORS & | CAPTAIN'S DINNER | SENIORS & | SENIORS & |
| | | | | | | |
| | SENIOR PREPS | SENIOR PREPS | SENIOR PREPS | AT BILL'S | SENIOR PREPS | SENIOR PREPS |
| | AT MBS | AT MBS | AT MBS | 7:30 PM-8:30 PM | AT MBS | AT MBS |
| | D: 6:00 PM-7:00 PM | D: 6:00 PM-7:00 PM | D: 6:00 PM-7:00 PM | | P: 7:30 AM-10:00 AM | D: 4:00 PM-5:00 PM |
| | P: 7:00 PM-9:00 PM | P: 7:00 PM-9:00 PM | P: 7:00 PM-9:00 PM | | D: 10:00 AM-11:00 AM | P: 5:00 PM-7:00 PM |
| 1 | 1 . /.00 1 NI-9:00 F NI | 1 . / .00 1 MI-9:00 FM | 1 . / .UU 1 MI-9:UU F MI | | D. 10.00 AMI-11:00 AM | 1 . 3.00 1 NI-7:00 FIVI |

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| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| 9-12-2011 | 9-13-2011 | 9-14-2011 | 9-15-2011 | 9-16-2011 | 9-17-2011 | 9-18-2011 |
| | | | | | | |
| PRE-ELITE | | PRE-ELITE | | PRE-ELITE | | |
| AT NEWARK ACADEMY | | AT NA | | AT NA | | |
| 4:00 PM-4:50 PM | | 4:00 PM-4:50 PM | | 4:00 PM-4:50 PM | | |
| MARLIN TEALS | | MARLIN TEALS | | MARLIN TEALS | | MARLIN TEALS |
| | | AT NA | | AT NA | | |
| AT NEWARK ACADEMY | | | | | | AT MBS |
| 5:00 PM-6:00 PM | | 5:00 PM-6:00 PM | | 5:00 PM-6:00 PM | | 1:15 PM-2:00 PM |
| | | | | | | |
| MARLIN BLACKS | | MARLIN BLACKS | | MARLIN BLACKS | | MARLIN BLACKS |
| AT NEWARK ACADEMY | | AT NA | | AT NA | | AT MBS |
| 5:00 PM-6:00 PM | | 5:00 PM-6:00 PM | | 5:00 PM-6:00 PM | | 1:15 PM-2:00 PM |
| | | | | | | |
| | WAVE TEALS | | WAVE TEALS | | WAVE TEALS | WAVE TEALS |
| | AT NEWARK ACADEMY | | AT NA | | AT NA | AT MBS |
| | 5:15 PM-6:45 PM | | 5:15 PM-6:45 PM | | 12:15 PM-1:30 PM | 12:00 PM-1:15 PM |
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| WAVE BLACKS- | | WAVE BLACKS- | | WAVE BLACKS- | WAVE BLACKS- | WAVE BLACKS- |
| AT NA | | AT NA | | AT NA | AT NA | AT MBS |
| P: 6:00 PM-7:15 PM | | P: 6:00 PM-7:15 PM | | P: 6:00 PM-7:30 PM | 11:00 AM-12:15 PM | P: 2:00 PM-3:30 PM |
| | | | | | | D: 3:30 PM-4:00 PM |
| | | | | | | |
| WAVE GOLD | WAVE GOLD | WAVE GOLD | WAVE GOLD | | WAVE GOLD | WAVE GOLD |
| AT NEWARK ACADEMY | AT NA | AT NA | AT NA | | AT NA | AT MBS |
| D: 6:30 PM-7:15 PM | D: 6:30 PM-6:45 PM | D: 6:30PM-7:15 PM | D: 6:30 PM-6:45 PM | | P: 9:30 AM-11:00 AM | D: 3:00 PM-3:30 PM |
| P: 7:15 PM-8:30PM | P: 6:45 PM-8:30PM | P: 7:15 PM-8:30PM | P: 6:45 PM-8:30PM | | D: 11:00 AM-11:30 AM | 3:30 PM-5:00 PM |
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| SENIORS & | SENIORS & | SENIORS & | SENIORS & | | SENIORS & | SENIORS & |
| SENIOR PREPS | SENIOR PREPS | SENIOR PREPS | SENIOR PREPS | | SENIOR PREPS | SENIOR PREPS |
| AT MBS | AT MBS | AT MBS | AT MBS | | AT MBS | AT MBS |
| D: 6:00 PM-7:00 PM | | P: 7:30 AM-10:00 AM | D: 4:00 PM-5:00 PM |
| P: 7:00 PM-9:00 PM | | D: 10:00 AM-11:00 AM | P: 5:00 PM-7:00 PM |
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